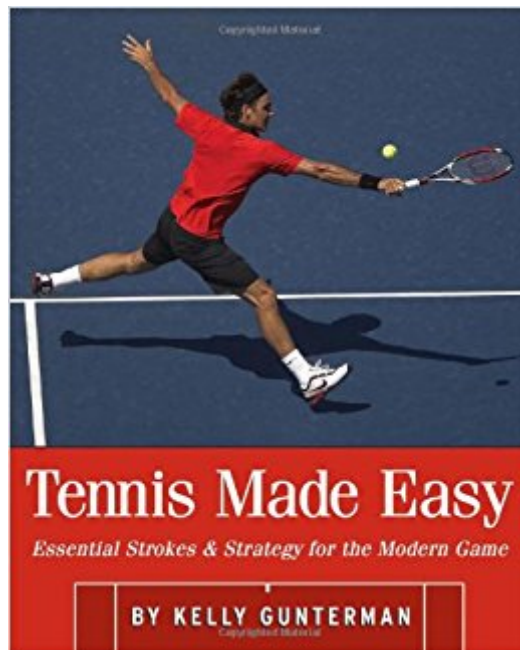




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Tennis Made Easy: Essential Strokes & Strategies For The Modern Game



Synopsis

Accessible and concise, this informative guide offers helpful advice for tennis players to improve their skills and their game. Offering sensible instruction drawn from 30 years of coaching, expert techniques are explained in a clear, jargon-free format. Effective for tennis players at all levels, this valuable handbook includes a wealth of tactics, strategies, and definitions, making it perfectly suited for beginners to the sport. Integrating productive and enjoyable practice drills, a wide range of topics are explored; gripping the racket, making a killer serve, positioning, pressuring the opponent, and how to play singles or doubles. Clear information on choosing equipment and deciding what to pack in a tennis bag is also included.

Book Information

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Customer Reviews

Kelly Gunterman is a tennis instructor and has trained more than 20,000 people during a 30-year career. He founded the Gunterman Tennis Schools, which have been listed in the "Top 25 Adult Tennis Schools in North America" by Tennis Magazine. He is also the founder of Tennis Without Borders, a not-for-profit organization that offers scholarships and assistance with school fees to young tennis students in developing countries. He lives in Fernandina Beach, Florida.

I was very interested in this book since it is brand new while most books out there are "ancient", back from an era when I first learned tennis. It bills itself with words like "essential strokes" and "the modern game". I checked it out at a local bookstore, and it is terrible. It is surprisingly shallow, and 1/3 of the book is full-page, black-and-white glamor shots and montages of various tennis stars. These pictures are seemingly irrelevant and just fill pages. After checking out 1/2 a shelf of tennis

books, I settled on The Tennis Handbook by Sue Rich. which is about the same number of pages. In contrast, it has an order of magnitude more useful information in addition to being full color. It also has some decent technical explanations. For example, I was looking for some good info on the various "modern" grips and stances and how they affect play, swing, contact, etc., from the mechanics to the play advantages/disadvantages. The Tennis Made Easy book was a joke on this very basic subject. In contrast, The Tennis Handbook has 16 pages with many figures and pictures. Sure, some were full-page color photos of Federer, etc., but still a decent amount of usable information. None of the books I skimmed at the bookstore had near the coverage or detail of what's available online, but I wanted something I could keep all the info organized together and use as a reference to review/highlight some key points. There are other books on strategy and the mental game, but Tennis Made Easy doesn't really do anything well. I would recommend avoiding it or at least checking it out at a local bookstore before buying. I'm sure glad I did.

Tennis is suppose to be an easy game but so often people will over analyze what is happening on the court. Kelly Gunterman wrote this incredible book and it breaks down every aspect of the game so whether your a beginner or an advanced player you are able to improve your game. "Tennis Made Easy" has helped me improve my game tremendously and not only have I seen a difference but others around me have as well. If you are looking to jump start your game to the next level "Tennis Made Easy" is a must read book for you.

Quite possibly the WORST book ever written on Tennis! Skip this nonsense if you actually want to learn tennis correctly.

Tennis is a simple game and Kelly lays out tips to help you improve and an easy to understand fashion... This book is for beginners and intermediates but an advanced player may pick up a tip or too as well....

I have been playing tennis for over 40 years and found that my game improves dramatically when I focus on just a handful of simple, easy-to-apply tips. Kelly's book is chock-full of those sorts of tips -- so many that I will have a challenging time figuring out which ones are my favorites. His advice has done wonders for my game. I highly recommend the book.

Tennis Made Easy has done wonders to my tennis game. The book, in conjunction with actual court

time, has given me the skills to improve my rating a couple of levels. Tennis Made Easy is well-written, has excellent photographs and diagrams, and dissects the skills needed to play tennis well and effectively. I recommend Tennis Made Easy for anybody who wants to begin playing tennis or expand their tennis game. It's a perfect addition to the tennis library!

This book was so helpful! Mr Gunterman really knows what he is talking about when it comes to tennis. I was able to make some easy changes in my technique and my game improved greatly. I would highly recommend this book to anyone who has an interest in tennis.

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